Wine in the Courtyard – Thursday, August 12, 2010 – Oheka Castle
The Rotary Club of Northport presents the 13th Annual Wine in the Courtyard at Oheka Castle in Huntington from 6pm-10pm; $95.00 per person or $120.00 per person at the door. Experience the elegance of fine wine, food and live music amidst luxurious ballrooms, spectacular gardens and sparkling fountains at Long Island’s famed Oheka Castle.

Music with Taste – Sunday, August 15, 2010 – Northport Tasting Room & Wine Cellar
Join us for an entertaining afternoon of musical fun with Sweet Suzi & John Puglisi, playing a mixture of blues, rock, soul and funk from the 60’s through today from 1-2:30 pm. The Northfolk Duo, otherwise known as Jim Ryan and Dr. Patricia Matos-Puente, will play folk music from the 60’s and 70’s from 3-5 pm. Free-will donation will be requested at the door. Hor d’oeuvres and dessert will be served. Raffle tickets and wine will be available for purchase.

An Evening with Elvis – Wednesday, September 29, 2010 – Nocello’s Restaurant
Come see Andrew G. Ratway in this high intensity Elvis tribute show at Nocello’s Restaurant in Northport, starts at 6:30 pm. $40 per person includes dinner, dessert and coffee. Door prizes and Chinese auction. Seating is limited.

FOR MORE INFORMATION ON EVENTS, PLEASE CONTACT BARBARA SORELLE AT 631-930-9310
Dear Friends of VNS & Hospice of Suffolk:

I’m hoping since the last newsletter you might have had occasion to see or hear television and radio ads for VNSHS. As a free standing community based agency we need to let people know we are here to help them with their care at home, and distinguish ourselves from other like agencies. Of course it’s one thing to “toot your own horn” so to speak, so we are proud to be able to point to publicly published comparisons of patient outcomes measured by Medicare that confirm excellence in what we do best. It’s also confirming to hear directly from patients cared for who reply so favorably on patient satisfaction surveys after discharge. Such responses are increasingly heartwarming when patients request us for a second or third time when multiple episodes of care are needed.

Recently we received a call from someone in the community who said she just wanted to tell us that last fall she had been the recipient of home care services for Physical Therapy from VNSHS, but when she needed therapy again and wanted us to return for subsequent care, she was referred to another agency instead of ours. This often happens if we are not requested by name, though there may be occasions when, even if requested we offer the opportunity for service by another agency if we cannot respond fast enough. Our standards of care include timely response in addition to competent and caring staff, our standards of care being one of many factors that make us unique. Regardless of the reason in this case, the woman calling said she figured at the time that one agency is probably like another, and accepted care from the alternate agency. She was calling us now to tell us she learned from experience that this was not so. In fact she wanted to let us know that the services VNSHS provided last fall were wonderful in all respects – reliable and professional, and that everyone who visited her was extremely competent and caring. She also said she couldn’t believe that agencies could be so different! Needless to say she was unhappy with the other agency by comparison and said we were so superior to them in every way that next time she needed our services she would insist, asking for us by name, even if she had to wait. Once again I enlist your help to spread the word – ask for VNSHS by name – and we will do our best to exceed your expectations every time, “Making a Difference Everyday”!

From our hearts to yours,
Linda Taylor, RN, BSN, MA
Chief Executive Officer
This past May, VNSHS held its 10th Annual 5K race/walk “Run for the Health of It.” With many in the community participating, the event was well attended by people running in support of the cause or companies donating generously as sponsors.

It was very exciting to have Nina Kuscsik of Huntington Station, a renowned former long-distance runner, participate in the race. Nina became acquainted with VNSHS after her knee replacement surgery last year when she needed physical therapy, which VNSHS provided to help Nina recover to her maximum potential. In appreciation of the wonderful care she received, Nina joined us on that sunny day in May and walked the 3.1 miles of the race.

Nina’s athletic career is one to be revered. By the time she was 30 and the mother of 3, Nina had already become an accomplished athlete, competing in bike racing, roller-skate racing, and also winning the title of New York State Champion Ice-Skater.

Nina ran as part of her training for other sports, and in 1968 decided to train seriously. She aspired to run marathons at a time when women were not allowed to run with their male counterparts. Inspired by other great women of the 1960’s who fought for women’s rights, Nina advocated for women everywhere, lobbying for legislation to abolish discriminatory policies. Not only did she succeed in that endeavor, but in 1972 was the first woman to run and win the Boston Marathon and the New York City Marathon. She continued to run and to break barriers for women throughout her athletic career. In 1972, she led the first all-women’s race in Central Park, and in 1977 she set an American record in a 50-mile race, also in Central Park. Along with these milestones of the many she has attained in her lifetime, Nina has participated in a total of 80 marathons!

In her professional life, Nina continually strives to raise the bar as well. As a Registered Nurse, she has spent most of her career working as a patient representative and advocate. She led the way in educating and helping patients to secure advance directives and health care proxies, as well as working with professionals in the medical field to advocate for patients. She continues to lobby successfully for legislation in health care.

The physical therapy that Nina received from VNSHS during the 4 weeks after her knee-replacement surgery enabled her to continue her active lifestyle. At age 71, Nina still cycles 34 miles at a clip as part of her exercise regime. We are thrilled, as well as honored, to have had Nina, a talented and spirited woman on and off the field, participate in our 5K race/walk, which benefits and supports VNSHS Hospice programs – including the Annual Children’s Bereavement Retreat and inpatient care at the Hospice House – in a robust and health-conscious way.
Help Us Continue to Build
Carve Your Loved Ones Name in Stone...
Buy a brick today and help us pave the way.

The Hospice House Memorial Garden provides a unique memorial for loved ones and friends. Bricks and pavers are available for purchase.

Each reserved brick or paver will be engraved according to the donor’s wishes.

Three options are available:

To reserve your commemorative brick or paver, please cut and complete the following:

- **Walkway Bricks**
  - $100 each
  - 4” x 8” in size
  - 14 characters per line including spaces: up to 3 lines per brick.

- **Walkway Pavers**
  - $250 each
  - 8” x 8” in size
  - 14 characters per line including spaces: 6 lines per paver.

- **Walkway Granite Pavers**
  - $500 each
  - Deluxe granite material
  - 8” x 8” in size
  - 14 characters per line including spaces: 6 lines per paver.

Please mail completed form to:
Visiting Nurse Service & Hospice of Suffolk, Inc.
505 Main Street
Northport, NY 11768

Hospice House Memorial Garden
Brick/Paver Reservation Form

Donor Name: ________________________________
Address: __________________________________________________________________________
City: ____________________ State: _______ Zip: __________

☐ I wish to purchase __________ walkway brick(s) at $100 each. __________
☐ I wish to purchase __________ walkway paver(s) at $250 each. __________
☐ I wish to purchase __________ walkway granite paver(s) at $500 each. __________

(Engraving instructions will be requested from you at a later date.)

TOTAL $ __________

☐ I enclose a check made payable to Visiting Nurse Service & Hospice of Suffolk.

☐ I wish to charge my credit card # __________
  Exp. Date _____/____ (VISA/MasterCard) Only
  Signature ________________________________________________________________________

My gift(s) above are made in tribute to a loved one or special friend.

☐ In memory of ____________________  ☐ In honor of ____________________

Send Notification to:
Name: ________________________________
Address: __________________________________________________________________________

☐ In memory of ____________________  ☐ In honor of ____________________

Send Notification to:
Name: ________________________________
Address: __________________________________________________________________________

Visiting Nurse Service & Hospice of Suffolk, Inc. has collected the best recipes from staff, family and friends to compile a beautiful keepsake cookbook that you can enjoy for years to come. These one-of-a-kind cookbooks make a great gift and are selling for $15.00 each. Proceeds will go to our Hospice House and Annual Bereavement Retreat for Children. The cookbook contains over 300 well-loved recipes including appetizers, main dishes, and desserts. If you would like to purchase a cookbook, please complete the order form below and mail ASAP to:

VNSHS, 505 Main Street,
Northport, NY 11768

Name: __________________________________________________________________________
Address: __________________________________________________________________________
City: ______________________________________________________________________________
State/Zip: __________________________________________________________________________
Phone: ______________________________________________________________________________
Date: ______________________________________________________________________________

Number of Books

Amount Paid $ __________

Please make checks payable to: Visiting Nurse Service and Hospice of Suffolk, Inc.
**VNSHS 3rd Annual Concert Series**

A series of classical and light musical events in exclusive, intimate settings to benefit VNSHS

Our 3rd Annual Concert Series kicked off on Saturday, June 26 with “An Evening with Robert Murphy”. Between a rigorous schedule as a junior at Manhattan School of Music and working professionally with the McNeil Robinson Octet at Holy Trinity Church in NYC, it’s amazing that Robert finds time to perform at many charity events. He was a solo tenor with the Gemini Symphony Orchestra at a benefit for the post Katrina resurrection of a New Orleans orchestra in 2007 and performed a solo recital at Carnegie Hall to help raise funds for Manhattan School of Music, just to mention a few. Last year his self titled benefit concert, “An Evening with Robert Murphy,” held at the John W. Engeman Theater, raised over $6500 for the Ecumenical Food Pantry in Northport.

An Evening with Robert Murphy was held at his parent’s home in Northport. Kathleen & Bob Murphy generously opened their home to host this well attended concert, where family and friends were treated to an evening of beautiful music performed by Robert, with a special appearance by his cousin, vocalist Jackie Murphy, a music major herself at Hofstra University. The concert was very moving and heartfelt as Robert brought the audience to tears with his rendition of “The Impossible Dream” from Man of LaMancha, as a special tribute to his grandmother.

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**“Music with Taste”**

Join us for an entertaining afternoon of musical fun on Sunday, August 15, 2010 from 1-5pm at the Northport Tasting Room & Wine Cellar, located at 70 Main Street in Northport Village.

Sweet Suzi & John Puglisi will be playing a mixture of blues, rock, soul and funk from the 60’s through today from 1-2:30 pm. The Northfolk Duo, otherwise known as Jim Ryan and Dr. Patricia Matos-Puente, will play folk music from the 60’s and 70’s from 3-5 pm. Hor d’oeuvres and dessert will be served, and raffle tickets and wine will be available for purchase.

A free-will donation will be requested at the door. Proceeds from our concert series help support operations at the Hospice House. If you, or someone you know, are interested in hosting a concert or performing, please call Barbara Sorelle at 631 930-9310.
“Run for the Health of It”

10th Annual 5K Race/Walk to benefit our Annual Bereavement Retreat for Children

VNSHS held its 10th annual 5K Race/Walk & Kids Fun Run this past May and what a success it was! With over 350 registered runners, about 50 more runners than in 2009, this year’s Run for the Health of It broke all previous records with the number of runners participating and the outpouring of donations of water, food and raffle prizes. It was a spectacular, fun-filled day including activities for the kids, from face painting to dancing with SpongeBob and making balloon characters.

Former marathon great, Nina Kuscsik joined in the race/walk, and VNSHS was excited to have her participate. In 1972 she made history by being the first woman to run in the NYC Marathon ultimately winning twice. You can read more about Nina’s amazing accomplishments in this issue of Community Focus.

Flemming Hansen, owner of Copenhagen Bakery, an avid runner and longtime supporter of VNSHS, not only participated in the race but placed in his age category. VNSHS is proud to honor Flemming for his outstanding community service at our 6th Annual Charity Golf Classic.

This event would not have been possible, or been such a success without all the support we received from our hard-working and dedicated volunteers. We would like to thank all who helped make this successful event possible, and for enabling participants to “Run for the Health of It!”

Male Overall Winners:
1st place – Kiernan Gibbons of Northport, 17:55
2nd place – Todd Rowley of Huntington, 18:05
3rd place – Sean Laurie of Huntington, 19:15

Female Overall Winners:
1st place – Kelsey Margen of Huntington, 17:56
2nd place – Heather Fives of Centerport, 18:59
3rd place – Una Broderick of Wantagh, 19:30

Top Nurse Category:
Jeanine Cook of Northport, 24:21

Race results can be found at www.FLRRT.com

THANK YOU TO OUR DONORS:

REFRESHMENT DONORS
- America’s Best Water
- Best Yet Market
- Chilly Willies
- Copenhagen Bakery
- Costco
- Country Hot Bagels
- Demar Cold Beer & Soda
- East Northport Beverage
- IGA Supermarket
- King Kullen
- Northside Catering & Deli
- Starbucks
- Stop & Shop
- Subway

RAFFLE PRIZE DONORS
- Amore Restaurant
- Anna’s Pizzeria
- Atlantis Marine World
- Aunt Chiliada’s Mexican Grill
- Adventureland
- Baiting Hollow Vineyards
- Champion Car Wash
- Chefs of New York
- Copenhagen Bakery
- Doggie Dons
- Flowers by Fred
- Four Star Variety
- Gino’s of Northport
- Gotham Comedy Club
- Hair Together
- Holistic Skincare
- La Moda Hair Salon
- Larkfield Lanes
- LI Children’s Museum
- Mario’s Pizzeria
- McNally Chiropractic & Wellness Center
- Marie Mateyunas
- Mobil 1 Anjon
- Mutability in Motion
- Nina’s Pizzeria
- Orpheus Salon & Spa
- Paradise Pizza
- Shubert Theater NYC
- Super Runners Shop
- The Flower Basket
- The Jackie Shawn Salon
- Theatre Three Productions

Pictured are some of the participants in the “Run for the Health of It” Kids Fun Run with characters provided by Nina’s Pizzeria.
Congratulations are in order for JoAnn Quigley, who has been promoted to Director of Clinical Operations for the Certified Home Health Agency. JoAnn, who has been with VNSHS for a total of 14 years, was an ideal candidate for this position bringing experience, knowledge and a strong work ethic to this role.

JoAnn is a registered nurse who began her career nearly 30 years ago as a critical care nurse, working at various hospitals in the Northeast. She transitioned to the home health care field in the 1990's and joined VNSHS in 1996 as a contract nurse. Throughout her years of dedication at VNSHS, she has held various field and managerial positions and is well acquainted with all aspects of home health care.

In her new role as Director of Clinical Operations, JoAnn is responsible for the implementation, delivery, coordination and supervision of patient care for the certified home health agency. She is extremely passionate about enabling our patients to recover faster, while improving their quality of life and independence at home.

“It is a pleasure to work with such dedicated people,” JoAnn says when asked about her new position. She stresses the importance of listening to and fostering open lines of communication with the staff. As director, she looks forward to guide and coach her staff as they work together to provide the best care possible. JoAnn finds it very rewarding to work with such caring and talented people.

Her main ambition is to stay true to the organization’s mission, to consistently provide exceptional care to patients, as well as professional support and education for families in the care of their loved ones.

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13th Annual Wine in the Courtyard
Sponsored by the Rotary Club of Northport

Thursday, August 12, 2010
6pm-10pm
Oheka Castle in Huntington
$95 per person
$120 per person at the door (Space Permitting)

Experience the elegance of fine wine, food and music amidst luxurious ballrooms, spectacular gardens and sparkling fountains at Long Island’s famed Oheka Castle.

The Rotary Club of Northport created this event 13 years ago to raise money for local, national and international charities and has become the largest wine tasting on the east coast. This year’s event will be held at the beautiful Oheka Castle. Explore the mansion, enjoy the company of friends, do something good for yourself and others. Celebrate the summer with live music, fine wines and gourmet foods from many top notch local restaurants and wineries.

A portion of the funds raised at this event help to support VNSHS, among other charitable organizations.
VNSHS Partners with Molloy College
Student Intern Program

Visiting Nurse Service & Hospice of Suffolk, in alliance with Molloy College, has instituted an internship program for select students, bringing education, coupled with home health care to the forefront. This program provides an opportunity for students not only to earn college credit, but also gain experience working in the field of home health care.

Instructors at Molloy College handpick candidates who are not only exemplary students, but have the ability to work independently, as well as anticipate and assess patient needs in a swift and responsive manner. As a result, these exceptional people are few and far between. Thus far, three students have completed the program which began in the fall of 2009.

In addition to performing 185 hours of service with VNSHS, students are also required to write several papers, attend 2-hour seminars bi-weekly, and keep a detailed clinical journal of their work experience during the semester.

With patient authorization, interns are required to work one-on-one with a VNSHS registered nurse at the patient’s home. Not only must the student possess critical thinking skills in the event an emergency arises, but creative problem-solving and good communication skills are essential to properly assess and care for the patients needs. Another important aspect students learn is to educate patients on how to better care for themselves and to anticipate a possible problem and/or emergency.

VNSHS and Molloy College students benefit enormously from this unprecedented program. Interns gain hands-on experience caring for patients in a working environment, and the agency reaps the rewards of gaining dedicated, knowledgeable people to join the team upon graduation.

Exceptional home care is vital to a patient’s well being. This belief embodies the principles of VNSHS. The internship demands the same standard in the students chosen to participate in this cooperative program. Innovation and commitment in providing the best possible care available is always the goal at VNSHS.

Presenting An Evening with Elvis
High Intensity Tribute Show

At Nocello’s Restaurant, 843 Fort Salonga Road, Northport
Wednesday, September 29th, 2010 – 6:30 p.m.
$40.00 per ticket
Includes dinner, dessert and coffee. Cash bar available.
Door prizes and Chinese Auction.
Musical entertainment provided by Andrew G. Ratway
Seating is Limited

For Ticket Information call Barbara Sorelle
631-930-9310